

Tidying Marathon

CATEGORY CHECKLIST

Declutter by category in the order listed. Save any sentimental items for the last category. Remember to pay attention to how each item feels to you when you hold it. If it brings you joy to have in your home or brings you joy because you need it and use it often, keep it with confidence. If not, let it go with gratitude for how it served you.

1 - Clothing

- Tops
- Bottoms
- Formalwear
- Sleepwear
- Activewear
- Jackets/Outerwear
- Shoes
- Belts/Scarves
- Socks/Underwear
- Hats/Gloves
- Swimsuits/Coverups
- Handbags
- Jewelry

4 - Miscellaneous AKA "Komono"

Electronics

- TV/DVDs
- Music/CDs
- Video Games
- Cords/Chargers
- Empty Boxes
- Phones /Tablets
- Computers/Printers
- Cameras/Accessories
- USB/Memory Cards
- Headphones/Ear Buds

Toys + Games

- Dolls/Figures
- Bath Toys
- Outdoor/Yard Toys
- Sports Equipment
- Board Games/Puzzles
- Cars/Trucks
- Costumes
- Building Toys/Legos

2 - Books

- Fiction
- Non-Fiction
- Teen/Kids
- Cookbooks
- Reference
- Textbooks
- Yearbooks
- Magazines
- Newspapers



Cleaning

- Sponges/Scrubbers/Rags
- Cleaning Products
- Brooms/Mops/Vacuums
- Buckets/Rubber Gloves
- Pest Control
- Laundry Supplies

Food

- Fruits/Vegetables
- Meats/Seafood
- Breads
- Grains
- Baking Powders/Flours
- Dairy
- Proteins/Eggs/Nuts
- Sugars
- Beverages
- Frozen Foods
- Snacks
- Herbs/Spices
- Baking Candies/Decorations
- Condiments

3 - Papers

- Unopened Mail
- Opened Mail
- Bills/Statements
- Receipts
- Warranties
- Manuals
- School Materials
- Course/Lecture Materials
- Pet Paperwork
- Tax Documents
- Important Documents/Certificates
- Business Cards
- Blank Greeting Cards

Kitchen

- Plates
- Bowls
- Glasses/Cups/Mugs
- Eating Utensils
- Serving Platters/Pitchers
- Coasters
- Aprons/Oven Mitts
- Trivets/Hot Pads
- Pots/Pans/Lids
- Mixing Bowls
- Measuring Cups/Spoons
- Cooking Tools
- Water Bottles/Travel Mugs
- Chip Clips/Pantry Accessories
- Straws/Lids
- Colanders/Woks
- Cooking Knives
- Food Scale/Processor
- Cutting Boards
- Ramekins
- Blender
- Graters

4 - Misc. "Komono" (cont.)

Kitchen (cont.)

- Juice Presses
- Spatulas
- Wooden Spoons
- Ladels
- Whisks
- Peelers
- Pizza Cutters/Stones/Pans
- Baking Pans/Sheets
- Rolling Pins
- Pastry Blenders/Brushes/Bags
- Cookie Cutters/Scoops
- Cooling Racks
- Thermometers
- Cling Wrap/Parchment Paper
- Aluminum Foil
- Storage Bags/Ziplocs
- Food Storage Containers

Furniture + Decor

- Sofas/Chairs
- Tables
- Picture Frames
- Mirrors
- Collectibles/Art
- Bookcases/Desks
- Storage Containers
- Candles
- Vases
- Rugs
- Lamps

Linens

- Sheets/Pillowcases
- Duvets/Comforters
- Blankets/Throws
- Bath Towels/Hand Towels/Washcloths
- Beach Towels
- Kitchen Towels/Napkins
- Tablecloths/Placemats
- Curtains



Utility + Tools

- Hammers/Nails
- Saws
- Screws/Nuts/Bolts
- Screwdrivers/Pliers
- Wrenches/Socket
- Drills/Drill Bits
- Locks/Keys
- Utility Knives
- Sanding Paper/Blocks
- Paint/Paint Supplies
- Tape Measures/Tape
- Glues/Adhesives
- Outdoor Decor/Lights
- Power Tools
- Levels
- Wall Repair Supplies
- Light Bulbs
- Batteries
- Lighters/Matches
- Emergency Equipment

Office Supplies

- Pens/Pencils/Markers
- Markers/Crayons
- Paper/Notepads/Post-Its
- Folders/Filing Supplies
- Labels/Label Maker
- Mailing/Envelopes/Stamps
- Clips/Paper/Binder
- Notecards/Postcards
- Staples/Staplers
- Binders
- Planners/Calendars
- Paper/Hole Punches
- Scissors
- Shredders
- Erasers/White Out
- Rubber Bands

Health + Beauty

- Skincare/Face/Body
- Nail Files/Clippers/Polish
- Hair/Face Trimmers
- Shaving Creams/Razors
- Makeup/Bags/Brushes
- Shampoo/Conditioner
- Hair Gels/Creams
- Hair Tools
- Hair Brushes/Combs
- Hair Accessories/Ties/Clips
- Essential Oils
- Soaps/Body Wash
- Perfume
- Feminine Products
- Tissues/Toilet Paper
- Medicines
- Vitamins/Supplements
- First Aid Creams/Bandages
- Canes/Walkers/Crutches
- Massage Devices/Pedicure Tubs
- Hot Rollers/Curlers

4 - Misc. "Komono" (cont.)

Hobbies

- Craft Supplies
- Art Supplies
- Music/Instruments
- Knitting/Yarn
- Gardening/Yard
- Camping
- Sports Items
- Holiday

5 - Sentimental

- Photos/Photo Albums
- Journals/Diaries
- Scrapbooks
- Souvenirs
- Antiques
- Letters/Cards
- Trophies/Awards
- Diplomas/Certificates
- Artwork
- Childhood Items
- Gifts
- Collectables
- Family Heirlooms
- Religious Items
- Other Sentimental